

**THE NORFOLK PUNT CLUB**  
**Adult Training Course 2019**  
**APPLICATION and MEDICAL CONSENT FORM**

**NAME:** \_\_\_\_\_ **COURSE:** \_\_\_\_\_

**Adult Training Course:** 17/18 May, 22/23 June, 12/13 July, 20 July (all day)

I enclose a cheque for £ \_\_\_\_\_ or I will pay by BACS £ \_\_\_\_\_ (please choose)

(Sort code: 20-62-53 Account Number 40680966). Please put Adult training and surname as reference.

**Home Address** \_\_\_\_\_

\_\_\_\_\_

**Telephone numbers:** \_\_\_\_\_

**Email** \_\_\_\_\_

Please give some details of your sailing experience by choosing the most appropriate description:

Complete Beginner / usually crew / some experience helming / RYA L2

The Norfolk Punt Club has responsibility for your safety while you are training with us, and our instructors and volunteers have first aid and boat safety training. However we need to ask you for some information, so we are aware of any medical conditions, which may affect you while sailing with us.

**Name of GP and Surgery:** \_\_\_\_\_

**Telephone No:** \_\_\_\_\_

**National Health no:** \_\_\_\_\_

**Name and telephone number of contact in case of emergency :** \_\_\_\_\_

Please give any medical information that we will need to know. (e.g bad back, asthma, etc):

\_\_\_\_\_

\_\_\_\_\_

*In the event of illness or any accident requiring emergency hospital treatment, where the delay required to obtain my signature is considered inadvisable by the doctor or surgeon, I authorise the Instructor to sign any form of consent that may be required, including for the purposes of blood transfusion where necessary*

**Signed** \_\_\_\_\_

**Date** \_\_\_\_\_

## Terms and Conditions

The Norfolk Punt Club is committed to a process of learning through experiencing watersport activities. We recognise that hazards and risks are real, and that they are an inescapable part of the path to challenge, adventure and fun. The safety of all participants is our primary concern. Therefore, for your own assurance, we would like to make you aware of the following policy that is designed to minimise potential hazards and risks.

**This is not a disclaimer, but a proactive disclosure.**

**Our commitment to you** is that risk is managed and minimised using the following best practice:

- The Norfolk Punt Club is licensed subject to assessment and inspections by the Royal Yachting Association (RYA).
- A rigorous assessment of the risks and safe working practice is applied to all parts of the organisation and its activities. Hazards and risks will be identified and communicated to participants before each activity.
- Our safety equipment is in good working condition.
- The activity or course programme will be monitored and, if the need should arise, altered to reflect any emerging safety issues (e.g. adverse changes in the weather.)

**Your commitment to us** to help us manage and minimise the risks:

- Participants will actively take responsibility for their own behaviour.
- All activities are to be entered into willingly.
- Participants must disclose any medical conditions.
- Participants should understand the nature of the activities in which they are participating.
- Participants agree to abide by the expertise and decisions of the Norfolk Punt Club.
- Participants should be suitably attired as directed by the instructor.

The personal information on this application form is for club records and insurance purposes. Sensitive/ medical data collected on this form is to enable the course leaders to give the participant/s the best care, should it be required. Data will be held and treated in accordance with the laws and regulations relevant at the time of processing. Data will not be shared with any third parties for marketing or commercial purposes.

- Records will be kept for three years for insurance purposes, it will then be destroyed.
- The data will be kept securely and will only be available to those offices who need it to discharge their duties.
- NPC may use your contact details to inform you of future NPC activities and those that the club is aware of that may be of interest.

Photographs may be taken throughout the event and published on the website, Facebook page and then kept in the NPC archive. Please tick if you **are** willing to have your photographs used in this way.

Please sign this form to show that you are happy for the NPC to hold this information under the Data Protection Act.

**DECLARATION** - If the participant is over 18 at the date the activities begin, this section should be completed by them. If under 18 at this date, this section should be completed by that participant's parent/guardian.

*As the \*participant/ parent / guardian of .....(name)*

*I have read and understood the nature of the activities at the Norfolk Punt Club*

*and agree to \*my / his / her / taking part. I also agree that:*

- (i) \*I am / he is / she is fit to participate on the course.*
- (ii) \*I am / he will / she will comply with the 'commitment' stated above.*
- (iii) Under the Data Protection Act, I authorise the Norfolk Punt Club to retain the information on this form for the purpose of this visit.*

**Signed**

\_\_\_\_\_

**Date**

\_\_\_\_\_

**Please Return to:**  
**Bill Glover**  
**The Old Stables, Grange Farm Barns, Bramerton, NR14 7DW**  
**gloverwil@gmail.com      01508 538632**