



The Norfolk Punt Club

ADULT TRAINING 2019



LEARN TO SAIL/BETTER SAILING

Complete Beginner or only ever crewed and been told what to do?
or

You know the basics but want to improve
Enjoyed the previous courses so much you want to come again,
then this course is for you.

Dinghies and or Keelboats.

It is 7 sessions based on the RYA syllabus.

17th May, 21 June, 12 July, 6 pm to 9pm.

18th May, 22 June, 13 July, 9.30 to 12.30

20th July 9.30 to 4.30

Cost: £140 members/£170 non members whole course or £20/£25 session.



This is designed to have two session per month but close together so that you can consolidate your learning. It is hoped that you would stay on for the Social Saturday afternoon and the rest of the family would join you and you can show off your new skills! The last day is a whole day. You will then be invited to join in the gentle Tuesday evening racing on 23rd July for a special prize.

Improve Your Racing

July 14th

An opportunity to have some coaching and then join in with the afternoon racing.

'On the Job Training!'

Book with Bart Sawyer

Social Saturdays.

Bring the family out with you and join in our Social Saturdays: 18th May, 22th June, 13th July, 10th August, 28 September. Opportunity to have fun, try different boats. 2 to 5pm then bring food as the BBQ will be lit.

Tuesday Evening Racing

Wonderful gentle sailing and a great way to learn how to race without the pressure of a big fleet. Starts 14th May. (Tow out at 6.30)

No boat, no problem, just book one of the Club boats. 2 Laser 2000s and the Yeoman which are all wonderful family boats to sail.

Assistant Instructor Course

Learn how to instruct the RYA syllabus whilst helping on Junior Week. 'On the Job Training'.

You will also improve your own skills. Talk to Val

August 19-23.